



Ride 2013

presented by

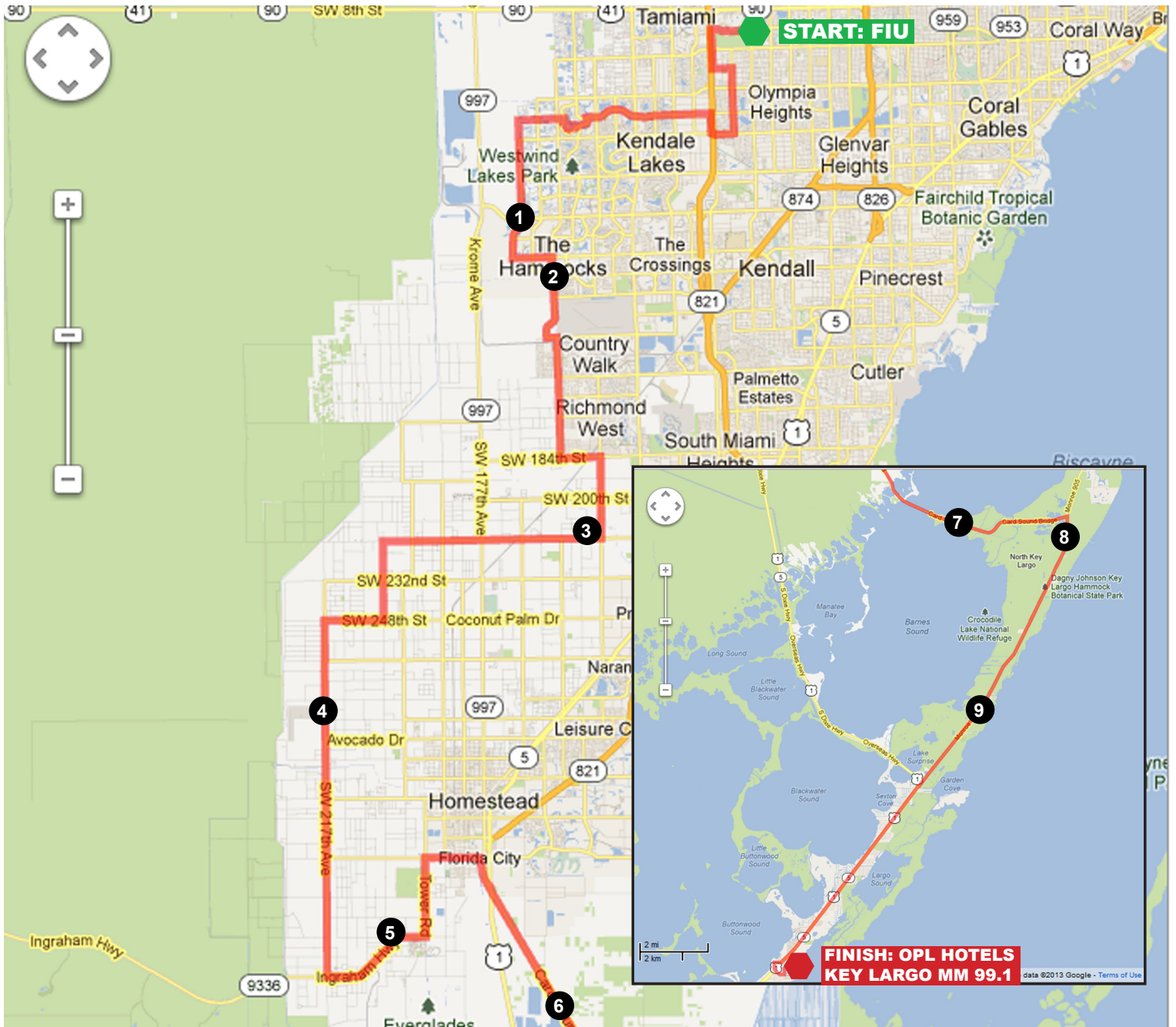


# DAY 1 80 MILE ROUTE April 20, 2013

All rest stops have food, refreshments, medical support, bike repair and restrooms. If you do not feel well or are having trouble with your bike while on the route, safely move off the road and signal a SAG vehicle to pick you up.

Always wear your helmet and keep your cellphone turned off while riding. Headphones are not allowed. Thank you for riding!

National MS Society South Florida Chapter 1-800-FIGHT-MS or [www.nationalmssociety.org](http://www.nationalmssociety.org)



For all inquiries regarding the shuttle service, please call  
**1-800-275-8687 or 305-688-7700**  
 When prompted, select dispatch.

### Bike MS 2013: Saturday 80 Mile Route

Direction	On	To	Miles	DFS	DTF
W	SW 17 St	SW 117 Ave	0.8		82.65
S	SW 117 Ave	SW 32 ST	1	1.8	81.85
E	SW 32 St	SW 112 Ave	0.49	0.49	80.85
S	SW 112 Ave	SW 56 St	1.66	1.66	80.36
R	SW 56 St	SW 118 Ave	0.59	2.39	78.7
R	SW 118 Ave	SW 47 St	0.5	2.89	78.11
L	SW 47 St	E Meadowlake Dr	3.28	6.17	77.61
L	E Meadowlake Dr	SW 47 St	1.19	7.36	74.33
L	SW 47 St	SW 167 Ave	1.16	8.52	73.14
<b>RS#1 - Sun Lake Park (SW 167 Ave &amp; SW 78th St)</b>					
L	SW 167 Ave	SW 104 St	3.57	12.09	71.98
L	SW 104 St	SW 157 Ave	1.01	13.1	68.41
R	SW 157 Ave	SW 136 St	2.16	15.26	67.4
<b>RS#2 - Sand Piper Park (11100 SW 157 Ave)</b>					
L	SW 136 St	SW 157 Ave	0.25	15.51	65.24
R	SW 157 Ave	SW 184 St	3.08	18.59	64.99
L	SW 184 St	SW 147 Ave	1.02	19.61	61.91
R	SW 147 Ave	SW 216 St	2.07	21.68	60.89
R	SW 216 St	SW 202 Ave	5.59	27.27	58.82
<b>RS#3 - Monkey Jungle (14805 SW 216 St)</b>					
L	SW 202 Ave	SW 248 St	2.01	29.28	53.23
R	SW 248 St	SW 217 Ave	1.51	30.79	51.22
L	SW 217 Ave	Ingraham Hwy	9.07	39.86	49.71
<b>RS#4 - Homestead General Aviation Airport (28700 SW 217 Ave)</b>					
L	Ingraham Hwy	SW 192 Ave	2.93	42.79	40.64
<b>RS#5 - Plaza Licenciado Benito Juarez Park (19825 SW 376 St)</b>					
L	SW 192 Ave	SW 344 St	2.01	44.8	37.71
R	SW 344 St	SDBW Bike Path	1.39	46.19	35.7
R	SDBW Bike Path	SW 177 Ave	0.62	46.81	34.31
S	SW 177 Ave	Card Sound Road	0.45	47.26	33.69
S	Card Sound Road	RS #6			
<b>RS #6 - Florida Rock &amp; Sand (Cemex)</b>					
	Card Sound Road	RS #7			
<b>RS #7 - Water View (Just past Card Sound bridge on the left)</b>					
R	Card Sound Road	County Road 905	16.48	63.74	33.24
<b>RS #8 - On CR 905 (Pole #125)</b>					
R	County Road 905	US Highway 1	9.21	72.95	16.76
<b>RS #9 - Circle K (106507 Overseas Hwy)</b>					
L	US Highway 1	Bay Dr	6.54	79.49	7.55
R	Bay Dr	Ocean Bay Dr	0.21	79.7	1.01
L	Ocean Bay Dr	Atlantic Ave	0.21	79.91	0.8
S	Atlantic Ave	Carribbean Dr.	0.35	80.26	0.59
L	Carribbean Dr	Coconuts	0.24	80.5	0.24
<b>FINISH!</b>					
<b>TOTAL MILES</b>			<b>82.65</b>		